

Tips on Responding to “Tell Me About Yourself”

1

Start by discussing your current situation.

Explain your current role and highlight major, relevant achievements and responsibilities.

2

Work backwards by hitting key points along your professional journey.

Summarize previous experience and how they've helped prepare you for the role. Focus on results you can quantify where possible.

3

Connect your background, interests and qualifications back to the job.

Finish by explaining how your experience will make you successful in the role and how the job aligns with your career goals.